



# The Pirates' Scroll

Poteau Upper Elementary Newsletter



HAPPY NEW YEAR

## Ideas for Kids' New Year Resolutions

By Maggie McCormick, eHow Contributor

New Year's Resolutions offer the chance to improve ourselves. There's no reason kids shouldn't get in on the action as well. Discuss the idea of New Year's resolutions with your child and ask him how he'd like to improve himself. From there, you can work together on resolutions that are meaningful for your child. This makes him more likely to follow through.

### Top Five Resolutions for Kids

1. Clean up their room more often
2. Be more engaged in school
3. Have healthier eating habits
4. Get more physical activity
5. Play fewer video games

Other resolutions parents wish their children would make include minding manners, better hygiene, texting less and reading more, and being a better friend.

Overall, the survey speaks to the desire for kids to take personal responsibility, be engaged, and make good choices, from cleaning up their rooms to developing healthy eating habits to doing their homework. The resolutions parents chose confirm the findings of cognitive scientists—that much of life's success is made up of a series of well-executed basics repeated over time.



5th Grade	4th Grade	3rd Grade
CHAMPION		
Maddy Brennan	Piper Akins	Brooklyn Morris
RUNNER-UP		
Laura Bennetzen	Nathan Crossland	Jeron Branscum

SUPPORT THE



Go to [www.poteau.k12.ok.us](http://www.poteau.k12.ok.us) for game schedules.

HOMECOMING - Jan. 18th  
(vs. Sallisaw)

COUNTY TOURN. - Jan. 21-26

**BASKETBALL**

**HELP US TURN TRASH INTO CASH!**

By recycling through our school, not only are you helping the environment, but you are supporting the

**POTEAU PIRATE SPECIAL OLYMPIC ATHLETES!**

**Recycle Product of the Month: CHIP BAGS**

*These are many of the recyclable items we collect:*

Juice Pouches	Candy Wrappers	Chip Bags
Cereal Boxes	Cereal Bags	Dairy Tubes
Solo Cups	Tape Dispensers	Ink Cartridges
Toner Bars	Tooth Brushes	Toothpaste Tubes
Glue Bottles	Flip Flops	Pairs of Shoes

## NOTICE

Look for Honor Roll Students (2nd 9-weeks) and Perfect Attendance (1st semester) in next month's Newsletter!

## Inclement Weather Policy

When school is cancelled due to bad weather, it will be announced on the following local radio stations (before 6:45 a.m., if possible):

1280 AM  
92.5 FM  
107.3 FM

Other TV and radio stations may be notified. You may also call 647-7790 or log onto the our website: [www.poteau.k12.ok.us](http://www.poteau.k12.ok.us) for school closing information.



**8th GRADE LEFLORE COUNTY TOURNAMENT**

January 7th-12th

**BASKETBALL**

## IMPORTANT DATES

Oklahoma Bureau of Narcotics Assemblies	Tuesday, January 15th
Perfect Attendance & Honor Roll Assembly	Thursday, January 17th Time: TBA
Martin Luther King Jr. Day NO SCHOOL	Jan. 21st Teacher Professional Day
Vision Screening	January 28th-30th
Parent/Teacher Conferences NO SCHOOL	February 14th-15th Feb. 15th
President's Day NO SCHOOL	Monday, Feb. 18th

PARAPROFESSIONALS & INTERVENTIONISTS



No classroom could run without a good teacher, but even less attention has been given to teachers' silent partners-- paraprofessionals. From the mundane to the momentous, paraprofessionals must wear a variety of hats and be prepared to work as part of a team. Paraprofessionals must expect to work in a variety of settings, from classrooms to unique one-on-one assignments. So, be sure to say, "Thank You!" the next time you see one of these hard-working ladies:

CERTIFIED

Ava Daily  
Patty Clay  
Kim Loggains

Cecelia Vasquez  
Katie Rust  
Peggy Baker  
Kim Diehl  
Connie Hancock  
Ethel Edmondson  
Sugar Harris  
Dee Dee Layman

# PERSEVERANCE



Teach your child the value of hard work

Some people think smart is something you are born with. Others believe you can "get smart." Do those beliefs matter? Studies show they do. People who believe they can "get smart" are able to face a challenge. If these people come up against a problem they can't solve, they don't give up. They don't say, "I was never any good at math anyway. Instead, they decide that they may just need to work a little longer or try a different approach.

On the other hand, people who don't value hard work are likely to give up. If they run into trouble, they give themselves all sorts of reasons why it isn't their fault. "I was never very smart in math anyway."

How can parents give children "get smart" messages? Try these:

- ◆ "I know you can do it if you keep trying."
- ◆ "You've worked really hard on your spelling. Before you know it, you'll learn those words."
- ◆ "You're not going to give up until you get it, are you? I'm impressed with your hard work."
- ◆ "If you work on your project every day this week, you're sure to be proud of the result."

When you talk about the things you have done, make sure you send the same "get smart" messages. Tell your child you type so fast because you have practiced since you were 15. Or point out how proud you were when you finished a difficult project.

Practical Ideas for Parents to Help Their Children

JANUARY CHARACTER TRAIT: Perseverance – working hard and not giving up

STUDENTS OF THE WEEK FOR DECEMBER

**INTEGRITY**  
making choices that help you be the best person you can be

December 3-7

3rd Grade  
Anniston Baker  
Mrs. Miller  
4th Grade  
Tyson Delgado  
Mrs. Phillips  
5th Grade  
Morgan Cooper  
Mrs. Davies

December 10-14

3rd Grade  
Brett Hoffman  
Mrs. Nesbitt  
4th Grade  
Mattison Dodson  
Mrs. Ramsey  
5th Grade  
Kayla Morton  
Mrs. Jones

December 17-20

3rd Grade  
Anthony Ramirez  
Mrs. Snyder  
4th Grade  
Brittney Gutierrez  
Mrs. Crouch  
5th Grade  
Chris Duncan  
Mrs. McCutchan

CORRECTION:

**BETHANY EMERSON**  
in Mrs. Baxter's 5th grade class was the Student of the Week for **INTEGRITY** in the month of December. She was mistakenly omitted. Congratulations Bethany!

