

# Poteau Public Schools Breakfast Menu

May 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> BK Pizza, or Cereal & toast, pineapples, juice and milk	<b>2</b> Pancake sausage on a stick w/syrup or cereal & toast, mixed fruit cup, juice and milk	<b>3</b> Cinnamon Rolls or Cereal & toast, peaches, juice and milk	<b>4</b> Biscuit & Sausage gravy, or Cereal & toast, oranges, juice and milk	<b>5</b> PPS/UES-Gogurt & toast PHS/PKMS- Fruit Smoothie Or Cereal & toast, apple, juice and milk	<b>6</b>
<b>7</b>	<b>8</b> WG Blueberry or Banana muffin, or Cereal & toast, mixed fruit, juice and milk	<b>9</b> Pancakes w/syrup, or Cereal & toast, banana, juice and milk	<b>10</b> Scrambled eggs & toast, or Cereal & toast, oranges, juice and milk	<b>11</b> Biscuit & Sausage gravy, or Cereal & toast, oranges, juice and milk	<b>12</b> Yogurt Parfait or Cereal & toast, Strawberries, juice and milk	<b>13</b>
<b>14</b>	<b>15</b> BK Pizza, or Cereal & toast, pineapples, juice and milk	<b>16</b> Cinnamon Rolls or Cereal & toast, mixed fruit, juice and milk	<b>17</b> Pancake sausage on a stick w/syrup or cereal & toast, pears, juice and milk	<b>18</b> Biscuit & Sausage gravy, or Cereal & toast, oranges, juice and milk	<b>19</b> PPS/UES-Gogurt & toast PHS/PKMS- Fruit Smoothie Or Cereal & toast, apple, juice and milk	<b>20</b>
<b>21</b>	<b>22</b> WG Blueberry or Banana muffin, or Cereal & toast, mixed fruit, juice and milk	<b>23</b> Pancakes w/syrup, or Cereal & toast, banana, juice and milk	<b>24</b> Oatmeal & toast, or Cereal & toast, pears, juice and milk	<b>25</b> Biscuit & Sausage, or Cereal & toast, oranges, juice and milk	<b>26</b> <b>Summer Time</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>Notes:</b>		

**USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**

# PPS/UES Lunch Menu

May 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Steak Fingers, WG Roll, Mashed Potatoes, Peas, pineapples, milk	<b>2</b> Turkey & Cheese Sandwich, WH Chips, lettuce, tomato, pickle, mixed fruit, milk	<b>3</b> Chicken Alfredo, Salad, Carrots, Oranges, milk	<b>4</b> Hot Dog on a WG Bun, veggie beans, French fries, pears, milk	<b>5</b> WG Pizza, salad, Sweet Potato fries, apple slices, milk	<b>6</b>
<b>7</b>	<b>8</b> Walking Taco, WG Chips, salad, Pinto beans, peaches, milk	<b>9</b> Chicken Noodle Soup, WG Crackers, salad, Peas, Applesauce, milk	<b>10</b> Grilled Cheese Sandwich, Carrots, French Fries, Banana, milk	<b>11</b> Corn Dogs, WG Chips, Pork & Beans, Apple slices, milk	<b>12</b> WG Pizza, salad, Sweet Potato fries, Oranges, milk	<b>13</b>
<b>14</b>	<b>15</b> Chicken Fajita, WG Tortilla, salad, salsa, Pineapples, milk	<b>16</b> Frito Chili Pie, WG Chips, Broccoli, Salsa, Pinto Beans, Apples, milk	<b>17</b> Spaghetti, WG Garlic bread, salad, green beans, banana, milk	<b>18</b> Chicken & Waffle, WG Roll, salad, Hashbrown patty, Cucumbers, Oranges, milk	<b>19</b> WG Pizza, salad, Sweet Potato fries, mixed fruit, milk	<b>20</b>
<b>21</b>	<b>22</b> Hamburger on a WG Bun, WG chips, lettuce, tomato, pickles, Apple, milk	<b>23</b> Ham & Cheese Sandwich, Pork & Beans, Oven Fries, Peaches, milk	<b>24</b> Chicken, WG Roll, Peas, green beans, Pears, milk	<b>25</b> WG Pizza, salad, Sweet Potato fries, Oranges, milk	<b>26</b> Summer Time	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>Notes:</b>		

**USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**